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| Risk Assessment / Method Statement |

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| **Job LOG:** | SS102445 | | |
| **Client:** | Certas Energy Warninglid | | |
| **Site address:** | Colwood Lane, Warninglid, West Sussex, RH17 5UE | | |
| **Location of Works:** | Routing and regional sales managers office | | |
| **Description of works:** | Redecoration of water stained ceiling | | |
| **Assessment date:** | 10th November 2014 | **Review Date:** | 10th November 2014 |
| **Produced by:** | Jack Stewart | | |
| **Operatives involved:** | Peter Earley & Peter Graves | | |
| **Supervisor on site:** | Peter Earley | | |

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| RISK ASSESSMENT & METHOD STATEMENT - METHOD STATEMENT DETAILING RISK CONTROL MEASURES  The risk (s) will be reduced by the implementation of the safe controls including a safe sequence of works. This Method Statement and the application of the associated risk control measure (s), will be strictly adhered to and it’s application ensured by the Sterling Services onsite supervisor. Full details are as follows: |

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| **Hazards Identified** | **Persons at Risk** | **Current Risk Rating** | **Control Measures to be applied to minimise risk** | **Residual Risk** |
| Interaction with Certas site, and site employees, visitors, guests, other contractors. Access to site when undertaking work.  Interaction with FLT’s, delivery vehicles, contractors vehicles, public and staff vehicles. | Engineer, Employees, Visitors | High | * All operatives shall be inducted, where required, to site by Certas site management outlining site rules and requirements and mandatory levels of PPE required on site. * All Sterling Services operatives shall sign site register on arrival at reception and sign out when leaving. * Suitable control measures shall be implemented when working in populated areas to ensure that works are sufficiently segregated at all times and that work does not impact on the health and safety of Certas employees. * Safe routes, access and egress have been communicated with GB staff | Low |
| Manual Handling, musculoskeletal disorders, sprains etc | Operative | Medium | * SS operatives shall be trained in manual handling operations and lifting principles. Manual Handling will be avoided where so far as reasonably practical mechanical lifting devices can be used. * Engineer shall only lift weight that they are comfortable with. If works being carried out require repetitive or unusual manual handling then a specific manual handling assessment shall be done. | Low |
| Working at height  Falling objects / Falling from height | Operative, employees, visitors | High | * Strict observation to working at height regulations 2005. Please refer to attached HSE guidance INDG401 * Where possible, works shall be carried out from the ground using rollers or extendable brushes. * Should the above not be possible, stepladders will only be footed on even solid surfaces. * Operative will not lean from stepladder and only work either directly in front or above ladders. | Low |
| Hand held tools, worn, damaged, unsuitable Portable Power Tools Extension leads | Operative | Medium | * All hand tools shall be fit for purpose, visually inspected before use for damage or wear and tear. All portable power tools/extension leads shall be 110v only, be fit for purpose and visually inspected before use. * All portable power tools shall be PAT tested. Only competent Engineer shall use portable power tools. | Low |
| Slips, Trips and Falls | Operative | Medium | * Operatives shall carry out a visual observation of the work area to familiarise themselves with the environment. Work area shall be kept clean and tidy with materials and debris not allowed to accumulate. | Low |
| Environmental Conditions, extremes of weather, lightning, high winds, snow, rain etc. | Operatives | Low | * Works are internal and operatives will not be exposed to environmental conditions – N/A | Low |
| Vibration | Operatives | Medium | * Operatives are not exposed to extreme levels of vibration during the course of the work being undertaken. | Low |
| Noise | Operatives | Medium | * Operatives are not exposed to extreme levels of noise during the course of the work being undertaken. | Low |
| Amendment if Required |  |  |  |  |

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| Method Statement – Sequence of Events |

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| * All operatives shall be inducted, where required, to site by Certas site management outlining site rules and requirements and mandatory levels of PPE required on site. * All Sterling Services operatives shall sign site register on arrival at reception and sign out when leaving. * Quote and Scope of works shall be discussed and agreed with responsible manager on site before work commences. * Permit to Work shall be provided, agreed upon and completed between SS operative and responsible manager. * Suitable control measures shall be implemented when working in populated areas to ensure that works are sufficiently segregated at all times and that work does not impact on the health and safety of Certas employees. * Lay dustsheets around office floor to protect flooring. * Sand down ceiling to remove existing paint and stains. * Using hand held brush / roller apply 1 coat of stain block to stained areas. * Using hand held brush / roller apply 2 coats of white emulsion to entire office ceiling. * Once works have been completed PTW shall be signed back with copy issued to SS operative. * Once works are completed SS operatives will inspect the rooftop and surrounding area to ensure no debris is left behind and make the manager aware of works completion. * Operatives will then sign out of site. |

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| Personal Protective Equipment - PPE |

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| High Visibility Clothing | Mandatory | Must be worn at all times. This must be the outermost garment of clothing worn so you are highly visible at all times |
| Safety Boots | Mandatory | Must be worn at all times |
| Safety Glasses | To be close at hand | To be worn with there is risk of flying debris or possible contamination to the eyes |
| Ear protection | To be close at hand | To be worn where levels of volume exceed 83db (A) – i.e. Ambient peak or persistent noise makes normal speech hard to be heard |
| Hard Hat | To be close at hand | To be worn where there is danger of falling objects |
| Suitable Gloves | To be close at hand | To be worn where there is chemical, substance or and other identified hazard |
| Respiratory protection | To be close at hand | To be worn to control occupational diseases caused by breathing air contaminated with harmful dusts, fogs, fumes, mists, gases, smokes, sprays or vapors. |

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| Emergency Procedures |

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| All Sterling Services Operatives will be made aware of fire evacuation procedures, first aid procedures and location of fire fighting equipment and first aid kits **BEFORE** starting works. This information will be provided by the Sterling Services Site Supervisor. | | | | | |
| Sterling Services Appointed First Aider: | Peter Earley | Nearest First Aid Kit: | Company Vehicle | Nearest Hospital: | Princess Royal Hospital, Lewes Road, Haywards Heath, RG16 4EX  Tel: 01444 441 881 |

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| Site Monitoring / Inspection and Supervision |

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| * All Sterling Services Operatives will have at least one operative permanently on site who is trained to SSSTS standard and who’s relevant experience for the tasks will see that individual nominated on this Risk Assessment and Method Statement. * Each ‘onsite supervisor’ will have access to the Sterling Services’ health & safety consultants if additional guidance / requirements are needed. * Sterling Services Supervisors will make amendments to these RA/MS to take in account any changes to circumstances. * Sterling Services Operatives are fully aware that their sites will be routinely and randomly inspected by senior management with a view to ensure that their training, and working strictly to this Risk Assessment and Method Statement, is adhered to. Failure to do so may result in disciplinary action. |

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| Environmental Controls |

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| Every effort will be made to keep to a minimum the levels of noise, and dust made from Operations. Waste levels will be kept to a minimum to ensure they do not cause hazards or become a nuisance to others. Sterling Services Personnel will Tidy up, clear site, remove and transport equipment and surplus materials from site. Working areas will be tidied regularly and waste removed. |

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| Storage on Site |

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| Nothing to be stored on this site |

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| Specific Legislation |

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| * The Work at Height Regulations 2005 (as amended) * The Management of Health & Safety at Work. Regulations 1999, Reg ‘3’ Risk Assessments. * Manual Handling Operations Regulations 1992. * Provision and Use of Work Equipment Regulations 1998 * Control of Substance Hazardous to Health 2002 |

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| HSE and Other Guidance |

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| * Working at heights regulations INDG401 * Working on roofs – INDG284 * Safe use of MEWPS – misc614 * Selecting the correct MEWPS – CIS58 |

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| Statement of Contractors Responsibility |

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| This method statement is provided to cover only the works indicated and can only be considered as validated when all personnel involved in the working activity have received a tool box talk with a signature obtained. The contractor shall be responsible and shall ensure that adequate supervision is applied to the work detailed within this method statement and shall ensure full and effective compliance. If there is any change in scope of the works or of any other impinging activity that may create risk work will cease and appropriate amendments will be made of this method statement. This statement confirms responsibility and commitment to this method statement and signature of validation below confirms this. |

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| **Name:** | Paul Blennerhassett |
| **Position in Company:** | Managing Director |
| **Date:** | 27th November 2014 |

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| Signature and Data confirming distribution |

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| Site Operative Name | Site Operative Signature | Date |
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